trigger TeacherNotAllow on teach\_\_c (before insert, before update)

{

if(Trigger.isInsert)

{

for(teach\_\_c teach : Trigger.New)

{

if(teach.Subject\_\_c.contains('Hindi'))

{

teach.addError('Oops! Cannot insert record because teaching subject is Hindi');

}

}

}

if(Trigger.isUpdate)

{

for(teach\_\_c told : Trigger.Old)

{

for(teach\_\_c tnew : Trigger.New)

{

if(told.Subject\_\_c.contains('Hindi') || tnew.Subject\_\_c.contains('Hindi'))

{

tnew.addError('Oops! cannot update record because teaching subject is Hindi');

}

}

}

}

}